

Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
February/March 2018



MUSIC...ART...LETTERS



Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Dear Members:

We are delighted to welcome two new members: Brenda Dressler in Letters, and Judith Rosenberg in Art. Both come to us with exciting backgrounds. We will present their certificates in February and March. Congratulations to Brenda and Judith.

I just received a note from Bet Wooton, via Myra Levick. Our proposed amendment ballots in the Winter 2018 edition of The Pen Woman magazine are due in Washington D.C., by March 15th. If you have not yet sent in your ballot, please take this information into consideration. Bet explains why #5 should receive a **No** vote. The proposed bylaws amendment #5 would remove half of our membership rights and must be defeated. Bet says, "I have read the revised District of Columbia Nonprofit Corporation Act, effective as of January 2012, and it states in its definition of MEMBER: one having the right to vote on election of directors and on any type of fundamental transaction - I take this certainly to mean amendments to bylaws and policies and practices of governance. The best statement of the code I found is Venable.com. I am afraid that the Governance Chair for NLAPW did not read the D.C. Code. How could she not understand that its tenants demand compliance even before our bylaws."

We are doing well in our search for three achievement award recipients this year who will receive \$1,000 each. Alexandra Monte, our Letters awardee, will be with us to read from her newest work. We are selecting a 12th-grade choreography student from the Dreyfus School of Dance. The art committee is considering several university candidates. It will be exciting to meet our awardees and learn about their ambitions, as well as to celebrate and install our new officers at our Thursday, April 19th meeting at the Westchester Country Club Barbecue Buffet.

You can always download a reservation form for our luncheon/meetings on our website: www.bocapenwomen.org Please direct friends and possible candidates to enjoy our site and our Facebook page. Please read the blogs. Send us your one paragraph bio and jpeg picture for the member section if you have not already done so. See one of the officers to have your picture taken and sent to Elaine for the site.

I always have membership packets with me at the luncheons for prospective members.

Please let me know if you would like to help out for a shift at the Delray Beach All People's Day Diversity Festival outreach activity Saturday, March 24th.

Enjoy our upcoming writer's workshop, which is open to all members. See *Spotlight* on page four below.

Looking forward to seeing you at our upcoming luncheons and events, and sharing our good news.

Sincerely,
Sheila Firestone, President, Boca Raton NLAPW
Music and Outreach Chair
sheilasong@mac.com (561)391-3610



Photos from our January 18th luncheon with author/humorist Susan Goldfein



**SPOTLIGHT on
Member Marta Luzim's
Introduction Workshop for the
Writing Like A Madwoman™ 7 Week Challenge**



“There’s one thing your writing must have to be any good at all.
It must have you. Dare to reveal yourself.” – Elizabeth Ayres

**Introduction Workshop for the
Writing Like A Madwoman™ 7 Week Challenge
and a Life-long Community
March 4th, 2018
10am - 12:30pm**

at the home of Marta Luzim in Parkland

RSVP Marta and get directions at writinglikeamadwoman@gmail.com

You can be a writer, memoirist, journaler...
or have never written before

The only requirement is your passion, daring expression and truth
The Madwoman is your doorway into your creative, juicy, “crazy” mythic story.

The Madwoman: the Artist, Rebel and Intuitive

Brave women diving into their
Gut, grit and grace
To write deep, dark and daring
Writing like a Madwoman™
Is your journey into
Your story, your voice and your life

**CHALLENGE YOURSELF
CHALLENGE A FRIEND
CHALLENGE SILENCE AND SHAME**

Write Like A Madwoman

Marta Luzim, MS has worked with women, families, and couples for over forty years. She is a Psychospiritual Therapist with an MS in Counseling Psychology and BS in Education. She is an expert in women’s trauma and recovery and a Next Level Practitioner in the field of trauma. She is certified as a Kaizen creative coach, Metaphysician, Somatic body worker, emotional intuitive, intimacy trainer and mindfulness breath worker. She is a published writer, artist and playwright, and President of the non-profit Give Her A Voice www.giveheravoice.org.

www.writinglikeamadwoman.com

MEMBERS

US Weekly featured **Jo Jo Harder** in a business interview:

<http://www.usaweekly.com/2018/01/interview-with-jo-jo-harder-founder-and-ceo-at-americas-top-dog-model/>. Her company America's Top Dog Model is also featured In *Pet Product News International*, NBC12, ENTSun.Com, and News10. All press can be viewed on America's Top Dog Model website: <http://www.americastopdogmodel.com/press.htm>.

Bea Doone-Merena was featured on the Manhattan Arts International website.

“This week's artists are gifted, inspired and lift our spirits. We feature the artist **Bea Doone-Merena** on the Manhattan Arts International website...with her painting “Discovery.” Bea Doone-Merena is a contemporary realist artist who has mastered Renaissance oil painting techniques, always eager to discover new directions. Her paintings of portraits and figures reflect her unique perspective, lively sense of color, and bold compositions.”



Vanity, oil on canvas, 40” x 40”

[VISIT HER PAGE ON MANHATTAN ARTS INTERNATIONAL](#)

Vera Ripp Hirschhorn will be collaborating with the professor/Director of Music Education at the Hayes School of Music, Appalachian State University, Boone, North Carolina. Vera’s upcoming educational resource of teaching schools for people skills, Part I of I’m Somebody & So Are You! The Human Connection in Education, is being implemented for students’ development of lesson plans. These lessons will give all future teachers and their elementary/middle school students the opportunity to improvise and compose their stories using musical instruments, movement and song.

Linda A. Mohr has a poem Angel by My Side included in *Angels on Duty*. This collection of encounters with angels compiled by Phyllis and Ron Dolislager is now available on Amazon.

Bunny Shulman, author of six novels, will present an interactive workshop at High Point on February 13th focusing on the question, “where does inspiration come from.” On March 19th Bunny Shulman will be the guest speaker at Plantina’s Book Club luncheon discussing her most recent published book titled *Keira’s Story*. A Q&A will follow the presentation.

Carol White's novel, *A Divided Duty*, was on the Best-Sellers list for the second time at Murder on the Beach Bookstore. Carol's fifth book, *Coffee Breaks*, and interview will be featured in the Author Spotlight section of the March 2018 edition of Southern Writers Magazine.

Barbara M. Wolk is presenting a workshop in February for the Holistic Holiday At Sea, on the MSC lines, on the Divina: "The Benefits of Wheatgrass." Barbara is also facilitating two new classes, starting in March, at the UFT (United Federation of Teachers): U.S. & International Documentaries and Creative Writing.

WEBSITE INFORMATION!

www.bocapenwomen.org

ATTENTION NEW MEMBERS! You may send your bio (guidelines below) to Elaine Bossik, our Webmaster. It will be listed in the Members section of our Website. This is an opportunity for you to share your accomplishments and market yourself to Website visitors. Use the template below to write your bio, and send it pasted in an E-mail to: elainebossik@yahoo.com.

Template for Bio

Name: Last, First

Membership Category: Art, Letters, Music, Patron

Bio Statement: 75 – 100 Words/ (e.g., you may include your education, training, accomplishments, [publications, awards, exhibits, performances, etc. Please add a statement if you are available for workshops, book talks, freelance, coaching, etc.

Your E-mail Address:

Your Website Address:

Tip!

Count your words and edit accordingly. If you have many published books, summarize (e.g., I have published eight books, including (list one or two titles); or I have exhibited my art work in galleries in NYC, Florida, etc., including (list one or two galleries).

Photo: If you have a photo of yourself (1 in. x 1 ½ in.), e-mail it with your bio as a jpg file attachment. If you need help creating a photo, we will have someone assist you with this.

Boca Raton Branch National League of American Pen Women

Luncheon and Speaker Program

Meet Lyric Soprano Pamela Cohen

Thursday, March 15, 2018

12:00 Noon

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach

561/243-7385 for Directions

**Pamela Cohen will speak about how she became a creative artist
and will perform jazz standards and Boadway show tunes.**

CLIP COUPON AND RETURN WITH YOUR CHECK

Members: \$27 – Guests: \$32

Gluten Free: Members \$30 – Guests: \$35

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Bossik, 7722 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Bossik for more information: elainebossik@yahoo.com

Luncheon Menu: Please circle your choice of entrée and dessert

NAME: (Print) _____ Email _____

GUEST: _____ Email _____

GUEST'S MENU: CHOICES of entree & dessert:

GUESTS: How did you hear about us _____

(1) Chicken Marsala – Sauteed boneless skinless chicken breast finished with Marsala mushroom sauce, served with rice pilaf and green beans.

(2) Poached Fillet of Salmon – Court bouillon poached salmon with creamy lemon dill sauce on the side, served with rice pilaf and green beans.

(3) Cobb Salad – Iceberg lettuce with roasted turkey breast, avocado, crumbled blue cheese, shredded cheddar cheese, cherry tomatoes, hard-boiled egg and ripe olives.

Dessert Choice: (4) Chocolate Raspberry Mousse Cake or (5) Fruit Cup

DE ADLINE FOR RECEIPT OF CHECKS: March 8, 2018

Note: We cannot accept checks after the deadline.

Please contact Barbara Bixon, Treasurer, if you wish a copy of our monthly treasury report.
bbcarter2@aol.com

Please contact Prue Carrico, Recording Secretary, if you wish a copy of the board meeting minutes. rtistee@aol.com

Carol White
Editor-in-Chief
Pen and Palette
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